

# The PSALMS of David – Lesson 1

## PART 1 – FAVORITE VERSES

David: His Heart of Love for God;

From Psalms 23, 103 and 145 (all 3 penned by David)

1. Read each Psalm through twice.
2. Select your favorite verse(s) in each of the three Psalms.  
(Try to select at least 1 from Psalm 23, and at least 3 from Psalm 103 and from 145.)
3. For each verse selected, explain what it is about the verse that makes it a favorite.  
How has God used this verse in your life?

PSALM 23:

Verse:

*Explanation:*

PSALM 103:

Verse:

*Explanation:*

Verse:

*Explanation:*

Verse:

*Explanation:*

PSALM 145:

Verse:

*Explanation:*

Verse:

*Explanation:*

Verse:

*Explanation:*

## PART 2 – GOING DEEPER - OUTLINING A CHAPTER

One method of studying the scriptures suggests using outlining to give a better understanding of the overall passage. Use another sheet of paper or the back of this page to outline either Psalm 103 or 145. Note that there is no right answer. The outline reflects how you view the passage. This may seem difficult at first but becomes easier with practice. The outline can be as simple as three or four divisions or more complex with subdivisions as shown below. Some chapters will be easier to outline than others. Give it a try.

### **Here is my own example for Psalm 30**

Titled: DEDICATION OF THE TEMPLE

- I. David praises the Lord for His protection (v 1-3)
  - A. Praise for victory over the enemy (v 1)
  - B. Praise for answered prayer (v 2)
  - C. Praise for Spiritual redemption (v 3)
- II. David Sings Praises to the Lord (v 4-7)
  - A. Thanks God for His Holy name (v 4)
  - B. Thanks God for a lifetime of patience (v 5)
  - C. Thanks God for the joy that is to come (v 5)
  - D. Thanks God for the stability of life in Christ (v6-7)
- III. David reflects on the agony of hell and joy of heaven (v 8-12)
  - A. No profit in spiritual death (v 9)
  - B. Plea for mercy to defeat death and gain spiritual life (vs 8-10)
  - C. David's testimony of God's forgiveness and redemption (v11-12)

Next select Psalm 103 or 145 and try your own outline to share. Use your own words. Each line should summarize the verses you choose. You do not need a line for every verse.